

QBQ! - THE QUESTION BEHIND THE QUESTION

AN EXERCISE IN PERSONAL ACCOUNTABILITY

To give you a better idea of what the QBQ! training program is all about, we've put together this short exercise. Keep in mind...

The words we choose to use, both spoken and in thought can have a dramatic impact on team morale, cohesion, and performance.

Think about the questions you commonly hear in your organization....Are they negative and typically begin with "who" "why" or "when"?

Brainstorm for a moment together and write down some of these questions common in your organization. For example: "Why can't that department get things right?", "Who dropped the ball?" or "Why don't they communicate better?"

Take a moment together and look at these questions... they all have one thing in common - they imply blame. How can these questions be re-phrased to avoid blaming others and better practice personal accountability?

For example: rather than asking "Who dropped the ball?" a better question would be "How can I help to improve our current situation?"

When we start asking better questions, we start get better results - It's that easy. Give it a shot!



**BLAME-FREE
ZONE**

LEADERS AT WORK!

QBQ!

The Question Behind the Question

www.QBQ.com

Interested in learning more about the QBQ! learning program? Give us a call today or send an e-mail to the address below to get more information about this truly amazing program!